



CAMPEONATO TERRITORIAL 2ª DIVISÃO & 74º TORNEIO DE GRUPOS GINÁSTICA RÍTMICA



14 Fevereiro 2026



10H00



Pavilhão Municipal do
Casal Vistoso
Lisboa

APOIOS



LISBOA
CÂMARA MUNICIPAL



ORGANIZAÇÃO



Constituição do Júri

Direção de Prova: Maria Costa

Torneio de Grupos

Júri I INF e JUN		Júri II INI e SEN	
C1	Patrícia Jorge	C1	Amélia Paredes
C2	Raquel Lima	C2	Sara Martins
E1	Helena Ferreira	E1	Monika Boneva
E2	Catarina Sirbu	E2	Raquel Augusto
E3	Sandra Nunes	E4	Julia Passos
E4	Beatriz Rodrigues	E4	Márcia Ruivo

Campeonato Territorial 2ª Divisão

Juvenis e Juniores

Júri I		Júri II	
DB1	Patrícia Jorge	DB1	Sara Martins
DB2	Sandra Nunes	DB2	Monika Boneva
DA1	Amélia Paredes		
DA2	Raquel Lima		
A1	Ida Pereira	A1	Catarina Sirbu
A2	Luisa Silva	A2	Luana Oliveira
A3	Márcia Ruivo	A3	Raquel Augusto
A4	Beatriz Rodrigues		
E1	Helena Ferreira		
E2	Julia Passos		
E3	Joana Duarte		
E4	Leonor Pegado		

Campeonato Territorial 2ª Divisão

Iniciadas e Seniores

Júri I		Júri II	
DB1	Patrícia Jorge	DB1	Amélia Paredes
DB2	Raquel Lima	DB2	Ida Pereira
DA1	Sara Martins		
DA2	Sandra Nunes		
A1	Helena Ferreira		
A2	Catarina Sirbu		
A3	Julia Passos	A3	Luana Oliveira
A4	Joana Duarte	A4	Raquel Augusto
E1	Beatriz Rodrigues		
E2	Monika Boneva		
E3	Luísa Silva		
E4	Márcia Ruivo		



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Group exercises – TG - Infantis – All-Around



Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total	
1.		SAD					(1) 6.40		6.40					10.000	3.6	3.4	4.0	4.7	6.200					0	22.600	22.600
2.		SCP					(2) 5.90		5.90					10.000	4.0	3.1	3.5	4.6	6.250					0	22.150	22.150
3.		CDAEAO					(3) 5.50		5.50					10.000	4.6	3.6	5.4	4.7	5.350					0	20.850	20.850
4.		GMNFR					(4) 5.30		5.30					10.000	4.8	4.0	5.5	5.1	5.050					0	20.350	20.350
5.		ADO					(5) 4.80		4.80					10.000	4.7	4.3	5.7	5.0	5.150					0	19.950	19.950



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

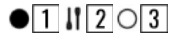
Group exercises – TG - Iniciadas – All-Around 1 2

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total	
1.		SAD					<input type="checkbox"/> 1	(1)	6.20	6.20				10.000	5.2	4.6	4.5	4.4	5.450					0	21.650	21.650
							<input checked="" type="checkbox"/> 2	(2)	0	0			0			0										
2.		GCP					<input type="checkbox"/> 1	(2)	6.40	6.40				10.000	4.7	5.4	5.8	4.8	4.900					0	21.300	21.300
							<input checked="" type="checkbox"/> 2	(2)	0	0			0			0										
3.		CDAEAO					<input type="checkbox"/> 1	(3)	5.30	5.30				10.000	4.9	5.0	5.8	4.9	5.050					0	20.350	20.350
							<input checked="" type="checkbox"/> 2	(2)	0	0			0			0										
4.		CNG					<input type="checkbox"/> 1	(4)	5.10	5.10				10.000	6.0	5.5	5.0	5.2	4.650	0.3				0.30	19.450	19.450
							<input checked="" type="checkbox"/> 2	(2)	0	0			0			0										
5.		CAE					<input type="checkbox"/> 1	(5)	5.00	5.00				10.000	5.6	6.0	6.5	6.6	3.750					0	18.750	18.750
							<input checked="" type="checkbox"/> 2	(2)	0	0			0			0										
6.		ADO					<input type="checkbox"/> 1	(6)	0	0				0					0					0	–	13.050
							<input checked="" type="checkbox"/> 2	(1)	3.50	3.50			10.000	9.5	7.8	7.0	9.6	1.350	1.8							



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Group exercises – TG - Juniores – All-Around



Place	Surname	Name	Repr.	Year	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total				
1.		CDAEAO				● 1	(1)	7.70	7.70					10.000	5.4	6.0	6.6	5.8	4.100				0	21.800	21.800			
						2	(2)	0	0				0					0								0	–	
						○ 3	(3)	0	0				0					0									0	–
2.		SAD - Grupo 1				● 1	(4)	0	0				0					0					0	–	21.600			
						2	(2)	0	0				0				0									0	–	
						○ 3	(1)	7.20	7.20				10.000	6.0	6.3	4.2	5.2	4.400								0	21.600	
3.		ADO				● 1	(2)	6.50	6.50				10.000	7.8	6.8	6.7	7.5	2.850					0	19.350	19.350			
						2	(2)	0	0				0				0								0	–		
						○ 3	(3)	0	0				0				0									0	–	
4.		SAD - Grupo 2				● 1	(4)	0	0				0				0					0	–	18.500				
						2	(1)	6.00	6.00				10.000	7.4	6.5	7.6	7.6	2.500							0	18.500		
						○ 3	(3)	0	0				0				0									0	–	
5.		GMNFR				● 1	(3)	5.10	5.10				10.000	7.3	7.4	6.4	7.2	2.750				0	17.850	17.850				
						2	(2)	0	0				0				0								0	–		
						○ 3	(3)	0	0				0				0								0	–		
6.		CNG				● 1	(4)	0	0				0				0					0	–	17.000				
						2	(2)	0	0				0				0								0	–		
						○ 3	(2)	4.60	4.60				10.000	6.8	7.0	7.0	7.3	3.000	0.6					0.60	17.000			

















II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Group exercises – TG - Seniores – All-Around ○ **1** ● **2** ○ ●

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total				
1.		CDAEAO					○ 1 (1)	8.40	8.40					10.000	4.8	5.6	4.5	8.0	4.800				0		23.200				
							● 2 (2)	0	0				0					0										0	–
							○ ● (2)	0	0				0					0										0	0
2.		SAD - Grupo 2					○ 1 (2)	0	0					0					0				0		–				
							● 2 (2)	0	0				0				0										0	–	
							○ ● (1)	6.90	6.90				10.000	6.5	6.5	5.1	8.3	3.500									0		20.400
3.		SAD - Grupo 1					○ 1 (2)	0	0					0					0				0		–				
							● 2 (1)	7.70	7.70				10.000	7.8	6.3	4.5	8.3	2.950	0.3								0.30	20.350	
							○ ● (2)	0	0				0					0									0		–


 II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
 Individual exercises – CT 2div - Iniciadas – All-Around

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	T
1.	ANDRADE	Marta	SAD				(1)	2.70	2.70	2.6	3.2	2.0	2.9	7.250	2.2	2.4	2.2	2.4	7.700					0	17
							(2)	2.40	0.80	3.20	2.9	3.3	2.9	3.8	6.900	3.3	3.1	2.1	2.4	7.250					0
2.	RANVIER	Serena	SCP				(2)	2.60	2.60	2.9	3.1	1.7	2.7	7.200	2.2	2.7	2.6	2.3	7.550					0	17
							(6)	2.00	1.40	3.40	3.3	3.5	3.1	3.0	6.800	2.7	4.3	3.5	3.3	6.600					0
3.	JOAQUIM	Mª Leonor	SCP				(4)	2.10	2.10	2.8	3.0	2.0	2.4	7.400	2.3	2.6	2.1	2.7	7.550					0	17
							(4)	0.90	1.60	2.50	3.1	3.2	2.7	3.0	6.950	2.2	3.3	2.0	2.6	7.600					0
4.	SILVA	Mª Carmo	SCP				(9)	2.10	2.10	2.7	3.3	2.7	3.2	7.050	2.5	3.6	2.8	3.4	6.900					0	16
							(3)	1.80	1.60	3.40	3.2	3.5	2.7	2.8	7.000	2.5	4.0	2.8	3.3	6.950					0
5.	BRATITCHUK	Mariia	SCP				(7)	2.60	2.60	2.6	3.0	3.1	2.9	7.050	3.1	3.9	3.4	3.2	6.700					0	16
							(5)	2.40	1.30	3.70	3.5	3.3	3.2	2.3	6.750	3.2	4.2	3.6	3.4	6.500					0
6.	CABRAL	Iris	SCP				(11)	1.70	1.70	2.8	3.3	2.5	3.0	7.100	2.5	3.7	3.3	2.9	6.900					0	15
							(1)	2.00	1.90	3.90	3.1	3.5	2.9	3.8	6.700	2.4	4.1	3.4	3.0	6.800					0
7.	PEIXOTO	Ana Miguel	SAD				(5)	2.50	2.50	2.9	3.9	2.1	0.3	7.500	2.7	3.3	3.1	3.4	6.800					0	16
							(9)	1.30	1.90	3.20	3.0	3.6	3.1	3.0	6.950	4.2	4.0	3.9	3.8	6.050					0
8.	FALÉ	Maria	SAD				(3)	2.70	2.70	2.4	3.2	2.5	3.1	7.200	2.6	3.0	2.6	2.3	7.400					0	17
							(10)	2.00	1.20	3.20	3.3	4.1	3.4	3.5	6.550	4.2	4.3	4.2	5.5	5.750					0
9.	PEREIRA	Madalena	CCRCCR				(14)	1.80	1.80	3.1	3.6	2.1	3.4	6.750	3.0	3.8	2.3	3.5	6.750					0	15
							(7)	1.90	1.10	3.00	3.1	3.5	3.0	3.3	6.800	3.6	3.3	2.8	2.9	6.900					0
10.	PINTO	Leonor	GMNFR				(13)	1.60	1.60	3.3	3.5	2.2	2.9	6.900	2.9	3.8	2.7	3.1	7.000					0	15
							(8)	2.30	1.10	3.40	3.2	3.5	3.3	3.7	6.600	3.4	4.1	3.0	3.6	6.500					0
11.	ALFARROBINHA	Carolina	ADO				(12)	1.40	1.40	3.3	3.5	2.5	3.1	6.800	2.6	2.8	2.2	2.7	7.350					0	15
							(11)	1.40	0.30	1.70	3.9	4.0	3.6	4.1	6.050	3.4	3.1	2.2	2.5	7.200					0
12.	PATACHO	Mel	ADO				(8)	2.10	2.10	2.4	3.4	2.5	3.1	7.200	3.1	3.9	2.4	2.9	7.000					0	16
							(15)	1.40	0.30	1.70	4.0	3.7	3.3	3.8	6.250	3.8	4.1	3.5	4.4	6.050					0
13.	MARTINS	Francisca	SCP				(6)	2.00	2.00	3.6	3.7	2.4	2.5	6.950	2.4	2.5	3.0	2.4	7.550					0	16
							(17)	0.30	1.50	1.80	3.2	3.5	3.4	3.2	6.700	3.5	5.2	4.5	4.9	5.300					0
14.	QUEIROZ	Carolina	GMNFR				(16)	1.40	1.40	3.1	3.3	2.4	3.4	6.800	2.6	4.0	2.8	3.7	6.750					0	14
							(12)	1.20	0.40	1.60	3.2	3.8	3.1	4.0	6.500	3.3	3.8	2.8	3.2	6.750					0
15.	SANTIAGO	Mª Rita	SCP				(10)	1.50	1.50	2.6	3.2	2.5	3.0	7.200	2.3	2.8	3.2	3.2	7.000					0	15
							(16)	1.20	0.80	2.00	3.7	3.9	2.5	3.7	6.300	3.5	4.9	3.8	5.5	5.650					0
16.	PYATBRAT	Liia	SCP				(17)	1.10	1.10	3.3	3.4	2.1	2.4	7.150	2.9	3.9	3.7	3.3	6.500					0	14
							(13)	0.80	1.10	1.90	3.2	3.2	3.3	3.7	6.750	2.9	4.2	4.3	4.3	5.750					0
17.	ALVES	Diana	GMNFR				(22)	1.00	1.00	3.3	3.1	2.7	3.0	6.950	3.8	3.6	3.6	3.9	6.300					0	14
							(14)	0.50	0.90	1.40	3.7	3.9	3.0	3.3	6.500	3.2	4.6	3.6	3.6	6.400					0
18.	TERPUGOVA	Zabava	SCP				(15)	1.60	1.60	2.9	3.0	2.4	2.9	7.100	3.2	3.7	3.9	3.1	6.550					0	15
							(20)	0.90	0.70	1.60	3.8	3.8	3.0	3.1	6.550	4.3	6.0	5.6	4.7	4.850					0
19.	LOUSA	Margarida	GMNFR				(19)	1.00	1.00	3.0	3.6	2.4	3.3	6.850	2.5	3.8	3.7	3.0	6.650					0	14
							(18)	0.90	0.50	1.40	3.6	4.0	3.4	4.3	6.200	3.3	4.1	3.9	4.7	6.000					0
20.	MARTINS	Joana	GCP				(23)	1.60	1.60	3.4	3.5	2.4	3.6	6.550	3.8	3.5	4.0	4.5	6.100					0	14
							(19)	1.30	1.00	2.30	3.4	3.4	4.2	3.5	6.550	5.4	4.2	6.2	5.3	4.650					0
21.	LIÇA	Madalena	GCP				(18)	1.60	1.60	3.2	3.7	2.4	3.4	6.700	3.2	4.0	2.9	4.0	6.400					0	14
							(21)	1.00	0.70	1.70	4.0	4.1	3.8	4.1	5.950	4.9	4.6	4.0	5.0	5.250					0
22.	NUNES	Benedita	GMNFR				(21)	1.20	1.20	3.1	3.4	3.3	3.6	6.650	3.5	3.8	2.9	3.6	6.450					0	14
							(23)	0.70	0.80	1.50	4.0	4.3	3.4	4.7	5.850	4.1	4.7	4.5	5.6	5.400	0.3				0.30
23.	CUNHA	Benedita	GMNFR				(20)	0.80	0.80	2.9	3.0	3.0	3.2	7.000	3.5	4.6	3.1	3.3	6.600					0	14
							(25)	0.30	0.20	0.50	3.7	3.6	3.1	3.9	6.350	4.8	5.5	4.1	4.8	5.200					0

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	T
24.	BERBER	Ece	 GCP				<input type="checkbox"/> (28) 0.70		0.70	2.8	3.4	3.0	4.0	6.800	4.2	3.9	3.9	4.9	5.950					0	13
							<input type="radio"/> (22) 1.20	0.30	1.50	3.6	3.9	3.4	4.6	6.250	4.8	5.0	4.9	5.2	5.050					0	12
25.	CENTENO	Mafalda	 CAE				<input type="checkbox"/> (24) 1.40		1.40	3.1	3.7	2.8	4.0	6.600	3.4	3.7	4.0	3.9	6.200					0	14
							<input type="radio"/> (28) 1.20	0.30	1.50	3.8	4.5	3.1	5.0	5.850	5.2	5.9	6.1	6.2	4.000					0	11
26.	CAMPOS	Mariana	 GMNFR				<input type="checkbox"/> (25) 1.00		1.00	3.4	3.4	3.7	3.5	6.550	4.1	5.2	3.9	3.8	6.000					0	13
							<input type="radio"/> (26) 0.20	0.50	0.70	4.3	3.9	3.6	4.9	5.900	4.4	5.4	4.0	4.9	5.350					0	11
27.	MARITOI	Ariana	 SCP				<input type="checkbox"/> (26) 0.90		0.90	2.9	3.3	3.1	3.3	6.800	4.2	4.2	4.1	3.4	5.850					0	13
							<input type="radio"/> (29) 0.50	0.90	1.40	3.9	4.6	3.2	4.2	5.950	5.8	5.8	5.6	5.5	4.300	0.6				0.60	11
28.	GONÇALVES	Lia	 CAE				<input type="checkbox"/> (33) 1.10		1.10	3.2	4.0	3.6	4.2	6.200	4.6	5.5	5.9	5.2	4.650					0	11
							<input type="radio"/> (24) 0.30	0.60	0.90	3.7	4.3	3.3	4.2	6.050	4.4	5.5	4.4	5.0	5.300					0	12
29.	CANDEIAS	Carolina	 CAE				<input type="checkbox"/> (27) 1.30		1.30	2.9	3.3	3.4	3.6	6.650	3.4	5.1	3.9	5.0	5.550					0	13
							<input type="radio"/> (33) 0.20	0.20	0.40	3.9	3.8	3.0	4.7	6.150	6.1	6.3	6.3	6.4	3.700					0	10
30.	MARTANO	Sofia	 CAE				<input type="checkbox"/> (30) 1.00		1.00	3.4	3.6	3.4	4.2	6.500	3.5	4.4	4.5	5.0	5.550					0	13
							<input type="radio"/> (31) 0.60	0.30	0.90	4.8	4.0	3.0	4.8	5.600	4.7	6.0	5.0	5.5	4.750	0.6				0.60	10
31.	RUA	Beatriz	 CDAEAO				<input type="checkbox"/> (31) 0.60		0.60	3.0	3.8	2.7	4.0	6.600	4.0	4.7	4.7	5.7	5.300					0	12
							<input type="radio"/> (30) 0.50	0.20	0.70	4.2	4.0	3.4	4.2	5.900	5.6	5.7	5.9	5.2	4.350					0	10
32.	BOROVA	Carolina	 CDAEAO				<input type="checkbox"/> (34) 0.30		0.30	3.0	3.7	3.6	3.7	6.350	4.5	5.5	4.0	5.1	5.200					0	11
							<input type="radio"/> (27) 0.20	0.20	0.40	4.0	3.9	3.0	4.2	6.050	4.6	5.2	4.4	5.3	5.100					0	11
33.	SANTOS	Carminho	 CAE				<input type="checkbox"/> (32) 0.90		0.90	3.2	4.0	3.5	3.9	6.300	4.8	4.8	5.0	6.3	5.100					0	12
							<input type="radio"/> (32) 0.10	0.30	0.40	3.9	3.9	3.3	4.7	6.100	5.6	5.9	5.8	6.3	4.150					0	10
34.	CORREIA	Aurora	 GCP				<input type="checkbox"/> (29) 0.60		0.60	3.7	5.0	3.0	3.9	6.200	3.2	4.1	3.7	3.6	6.350					0	13
							<input type="radio"/> (34) 0.50	0.50	1.00	4.3	5.0	3.6	4.6	5.550	7.2	7.4	6.6	6.1	3.100	0.6				0.60	9.0
35.	MAIA	Benedita	 CAE				<input type="checkbox"/> (35) -0.01		0					0					0					0	-
							<input type="radio"/> (35) 0		0					0					0					0	-
35.	MARTINS	Lyara	 CAE				<input type="checkbox"/> (35) -0.01		0					0					0					0	-
							<input type="radio"/> (35) 0		0					0					0					0	-
37.	CUNHA	Beatriz	 SLA				<input type="checkbox"/> (37) -0.01		0					0					0					0	-
							<input type="radio"/> (37) 0		0					0					0					0	-

 - Ginastas apuradas para o Campeonato Nacional de 2ª Divisão



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
 Individual exercises – CT 2div - Iniciadas – All-Around

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P
1.	ANDRADE	Marta	SAD				<input type="checkbox"/> 2.70		2.70	2.6	3.2	2.0	2.9	7.250	2.2	2.4	2.2	2.4	7.700				0	17.650
2.	RANVIER	Serena	SCP				<input type="checkbox"/> 2.60		2.60	2.9	3.1	1.7	2.7	7.200	2.2	2.7	2.6	2.3	7.550				0	17.350
3.	FALÉ	Maria	SAD				<input type="checkbox"/> 2.70		2.70	2.4	3.2	2.5	3.1	7.200	2.6	3.0	2.6	2.3	7.400				0	17.300
4.	JOAQUIM	Mª Leonor	SCP				<input type="checkbox"/> 2.10		2.10	2.8	3.0	2.0	2.4	7.400	2.3	2.6	2.1	2.7	7.550				0	17.050
5.	PEIXOTO	Ana Miguel	SAD				<input type="checkbox"/> 2.50		2.50	2.9	3.9	2.1	0.3	7.500	2.7	3.3	3.1	3.4	6.800				0	16.800
6.	MARTINS	Francisca	SCP				<input type="checkbox"/> 2.00		2.00	3.6	3.7	2.4	2.5	6.950	2.4	2.5	3.0	2.4	7.550				0	16.500
7.	BRATITCHUK	Mariia	SCP				<input type="checkbox"/> 2.60		2.60	2.6	3.0	3.1	2.9	7.050	3.1	3.9	3.4	3.2	6.700				0	16.350
8.	PATACHO	Mel	ADO				<input type="checkbox"/> 2.10		2.10	2.4	3.4	2.5	3.1	7.200	3.1	3.9	2.4	2.9	7.000				0	16.300
9.	SILVA	Mª Carmo	SCP				<input type="checkbox"/> 2.10		2.10	2.7	3.3	2.7	3.2	7.050	2.5	3.6	2.8	3.4	6.900				0	16.050
10.	SANTIAGO	Mª Rita	SCP				<input type="checkbox"/> 1.50		1.50	2.6	3.2	2.5	3.0	7.200	2.3	2.8	3.2	3.2	7.000				0	15.700
11.	CABRAL	Iris	SCP				<input type="checkbox"/> 1.70		1.70	2.8	3.3	2.5	3.0	7.100	2.5	3.7	3.3	2.9	6.900				0	15.700
12.	ALFARROBINHA	Carolina	ADO				<input type="checkbox"/> 1.40		1.40	3.3	3.5	2.5	3.1	6.800	2.6	2.8	2.2	2.7	7.350				0	15.550
13.	PINTO	Leonor	GMNFR				<input type="checkbox"/> 1.60		1.60	3.3	3.5	2.2	2.9	6.900	2.9	3.8	2.7	3.1	7.000				0	15.500
14.	PEREIRA	Madalena	CCRCCR				<input type="checkbox"/> 1.80		1.80	3.1	3.6	2.1	3.4	6.750	3.0	3.8	2.3	3.5	6.750				0	15.300
15.	TERPUGOVA	Zabava	SCP				<input type="checkbox"/> 1.60		1.60	2.9	3.0	2.4	2.9	7.100	3.2	3.7	3.9	3.1	6.550				0	15.250
16.	QUEIROZ	Carolina	GMNFR				<input type="checkbox"/> 1.40		1.40	3.1	3.3	2.4	3.4	6.800	2.6	4.0	2.8	3.7	6.750				0	14.950
17.	PYATBRAT	Liia	SCP				<input type="checkbox"/> 1.10		1.10	3.3	3.4	2.1	2.4	7.150	2.9	3.9	3.7	3.3	6.500				0	14.750
18.	LIÇA	Madalena	GCP				<input type="checkbox"/> 1.60		1.60	3.2	3.7	2.4	3.4	6.700	3.2	4.0	2.9	4.0	6.400				0	14.700
19.	LOUSA	Margarida	GMNFR				<input type="checkbox"/> 1.00		1.00	3.0	3.6	2.4	3.3	6.850	2.5	3.8	3.7	3.0	6.650				0	14.500
20.	CUNHA	Benedita	GMNFR				<input type="checkbox"/> 0.80		0.80	2.9	3.0	3.0	3.2	7.000	3.5	4.6	3.1	3.3	6.600				0	14.400
21.	NUNES	Benedita	GMNFR				<input type="checkbox"/> 1.20		1.20	3.1	3.4	3.3	3.6	6.650	3.5	3.8	2.9	3.6	6.450				0	14.300
22.	ALVES	Diana	GMNFR				<input type="checkbox"/> 1.00		1.00	3.3	3.1	2.7	3.0	6.950	3.8	3.6	3.6	3.9	6.300				0	14.250
23.	MARTINS	Joana	GCP				<input type="checkbox"/> 1.60		1.60	3.4	3.5	2.4	3.6	6.550	3.8	3.5	4.0	4.5	6.100				0	14.250
24.	CENTENO	Mafalda	CAE				<input type="checkbox"/> 1.40		1.40	3.1	3.7	2.8	4.0	6.600	3.4	3.7	4.0	3.9	6.200				0	14.200
25.	CAMPOS	Mariana	GMNFR				<input type="checkbox"/> 1.00		1.00	3.4	3.4	3.7	3.5	6.550	4.1	5.2	3.9	3.8	6.000				0	13.550
26.	MARITOI	Ariana	SCP				<input type="checkbox"/> 0.90		0.90	2.9	3.3	3.1	3.3	6.800	4.2	4.2	4.1	3.4	5.850				0	13.550
27.	CANDEIAS	Carolina	CAE				<input type="checkbox"/> 1.30		1.30	2.9	3.3	3.4	3.6	6.650	3.4	5.1	3.9	5.0	5.550				0	13.500
28.	BERBER	Ece	GCP				<input type="checkbox"/> 0.70		0.70	2.8	3.4	3.0	4.0	6.800	4.2	3.9	3.9	4.9	5.950				0	13.450
29.	CORREIA	Aurora	GCP				<input type="checkbox"/> 0.60		0.60	3.7	5.0	3.0	3.9	6.200	3.2	4.1	3.7	3.6	6.350				0	13.150
30.	MARTANO	Sofia	CAE				<input type="checkbox"/> 1.00		1.00	3.4	3.6	3.4	4.2	6.500	3.5	4.4	4.5	5.0	5.550				0	13.050
31.	RUA	Beatriz	CDAEAO				<input type="checkbox"/> 0.60		0.60	3.0	3.8	2.7	4.0	6.600	4.0	4.7	4.7	5.7	5.300				0	12.500
32.	SANTOS	Carminho	CAE				<input type="checkbox"/> 0.90		0.90	3.2	4.0	3.5	3.9	6.300	4.8	4.8	5.0	6.3	5.100				0	12.300
33.	GONÇALVES	Lia	CAE				<input type="checkbox"/> 1.10		1.10	3.2	4.0	3.6	4.2	6.200	4.6	5.5	5.9	5.2	4.650				0	11.950
34.	BOROVA	Carolina	CDAEAO				<input type="checkbox"/> 0.30		0.30	3.0	3.7	3.6	3.7	6.350	4.5	5.5	4.0	5.1	5.200				0	11.850
35.	MAIA	Benedita	CAE				<input type="checkbox"/> -0.01		0				0						0				0	–
35.	MARTINS	Lyara	CAE				<input type="checkbox"/> -0.01		0				0						0				0	–
37.	CUNHA	Beatriz	SLA				<input type="checkbox"/> -0.01		0				0						0				0	–



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
Individual exercises – CT 2div - Iniciadas – All-Around

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	
1.	CABRAL	Iris	SCP				○	2.00	1.90	3.90	3.1	3.5	2.9	3.8	6.700	2.4	4.1	3.4	3.0	6.800				0	17.400
2.	ANDRADE	Marta	SAD				○	2.40	0.80	3.20	2.9	3.3	2.9	3.8	6.900	3.3	3.1	2.1	2.4	7.250				0	17.350
3.	SILVA	Mª Carmo	SCP				○	1.80	1.60	3.40	3.2	3.5	2.7	2.8	7.000	2.5	4.0	2.8	3.3	6.950				0	17.350
4.	JOAQUIM	Mª Leonor	SCP				○	0.90	1.60	2.50	3.1	3.2	2.7	3.0	6.950	2.2	3.3	2.0	2.6	7.600				0	17.050
5.	BRATITCHUK	Mariia	SCP				○	2.40	1.30	3.70	3.5	3.3	3.2	2.3	6.750	3.2	4.2	3.6	3.4	6.500				0	16.950
6.	RANVIER	Serena	SCP				○	2.00	1.40	3.40	3.3	3.5	3.1	3.0	6.800	2.7	4.3	3.5	3.3	6.600				0	16.800
7.	PEREIRA	Madalena	CCRCCR				○	1.90	1.10	3.00	3.1	3.5	3.0	3.3	6.800	3.6	3.3	2.8	2.9	6.900				0	16.700
8.	PINTO	Leonor	GMNFR				○	2.30	1.10	3.40	3.2	3.5	3.3	3.7	6.600	3.4	4.1	3.0	3.6	6.500				0	16.500
9.	PEIXOTO	Ana Miguel	SAD				○	1.30	1.90	3.20	3.0	3.6	3.1	3.0	6.950	4.2	4.0	3.9	3.8	6.050				0	16.200
10.	FALÉ	Maria	SAD				○	2.00	1.20	3.20	3.3	4.1	3.4	3.5	6.550	4.2	4.3	4.2	5.5	5.750				0	15.500
11.	ALFARROBINHA	Carolina	ADO				○	1.40	0.30	1.70	3.9	4.0	3.6	4.1	6.050	3.4	3.1	2.2	2.5	7.200				0	14.950
12.	QUEIROZ	Carolina	GMNFR				○	1.20	0.40	1.60	3.2	3.8	3.1	4.0	6.500	3.3	3.8	2.8	3.2	6.750				0	14.850
13.	PYATBRAT	Liia	SCP				○	0.80	1.10	1.90	3.2	3.2	3.3	3.7	6.750	2.9	4.2	4.3	4.3	5.750				0	14.400
14.	ALVES	Diana	GMNFR				○	0.50	0.90	1.40	3.7	3.9	3.0	3.3	6.500	3.2	4.6	3.6	3.6	6.400				0	14.300
15.	PATACHO	Mel	ADO				○	1.40	0.30	1.70	4.0	3.7	3.3	3.8	6.250	3.8	4.1	3.5	4.4	6.050				0	14.000
16.	SANTIAGO	Mª Rita	SCP				○	1.20	0.80	2.00	3.7	3.9	2.5	3.7	6.300	3.5	4.9	3.8	5.5	5.650				0	13.950
17.	MARTINS	Francisca	SCP				○	0.30	1.50	1.80	3.2	3.5	3.4	3.2	6.700	3.5	5.2	4.5	4.9	5.300				0	13.800
18.	LOUSA	Margarida	GMNFR				○	0.90	0.50	1.40	3.6	4.0	3.4	4.3	6.200	3.3	4.1	3.9	4.7	6.000				0	13.600
19.	MARTINS	Joana	GCP				○	1.30	1.00	2.30	3.4	3.4	4.2	3.5	6.550	5.4	4.2	6.2	5.3	4.650				0	13.500
20.	TERPUGOVA	Zabava	SCP				○	0.90	0.70	1.60	3.8	3.8	3.0	3.1	6.550	4.3	6.0	5.6	4.7	4.850				0	13.000
21.	LIÇA	Madalena	GCP				○	1.00	0.70	1.70	4.0	4.1	3.8	4.1	5.950	4.9	4.6	4.0	5.0	5.250				0	12.900
22.	BERBER	Ece	GCP				○	1.20	0.30	1.50	3.6	3.9	3.4	4.6	6.250	4.8	5.0	4.9	5.2	5.050				0	12.800
23.	NUNES	Benedita	GMNFR				○	0.70	0.80	1.50	4.0	4.3	3.4	4.7	5.850	4.1	4.7	4.5	5.6	5.400	0.3			0.30	12.450
24.	GONÇALVES	Lia	CAE				○	0.30	0.60	0.90	3.7	4.3	3.3	4.2	6.050	4.4	5.5	4.4	5.0	5.300				0	12.250
25.	CUNHA	Benedita	GMNFR				○	0.30	0.20	0.50	3.7	3.6	3.1	3.9	6.350	4.8	5.5	4.1	4.8	5.200				0	12.050
26.	CAMPOS	Mariana	GMNFR				○	0.20	0.50	0.70	4.3	3.9	3.6	4.9	5.900	4.4	5.4	4.0	4.9	5.350				0	11.950
27.	BOROVA	Carolina	CDAEAO				○	0.20	0.20	0.40	4.0	3.9	3.0	4.2	6.050	4.6	5.2	4.4	5.3	5.100				0	11.550
28.	CENTENO	Mafalda	CAE				○	1.20	0.30	1.50	3.8	4.5	3.1	5.0	5.850	5.2	5.9	6.1	6.2	4.000				0	11.350
29.	MARITOI	Ariana	SCP				○	0.50	0.90	1.40	3.9	4.6	3.2	4.2	5.950	5.8	5.8	5.6	5.5	4.300	0.6			0.60	11.050
30.	RUA	Beatriz	CDAEAO				○	0.50	0.20	0.70	4.2	4.0	3.4	4.2	5.900	5.6	5.7	5.9	5.2	4.350				0	10.950
31.	MARTANO	Sofia	CAE				○	0.60	0.30	0.90	4.8	4.0	3.0	4.8	5.600	4.7	6.0	5.0	5.5	4.750	0.6			0.60	10.650
32.	SANTOS	Carminho	CAE				○	0.10	0.30	0.40	3.9	3.9	3.3	4.7	6.100	5.6	5.9	5.8	6.3	4.150				0	10.650
33.	CANDEIAS	Carolina	CAE				○	0.20	0.20	0.40	3.9	3.8	3.0	4.7	6.150	6.1	6.3	6.3	6.4	3.700				0	10.250
34.	CORREIA	Aurora	GCP				○	0.50	0.50	1.00	4.3	5.0	3.6	4.6	5.550	7.2	7.4	6.6	6.1	3.100	0.6			0.60	9.050
35.	MAIA	Benedita	CAE				○	0		0				0					0				0	–	
35.	MARTINS	Lyara	CAE				○	0		0				0					0				0	–	
37.	CUNHA	Beatriz	SLA				○	0		0				0					0				0	–	



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
Individual exercises – CT 2div - Juvenis – All-Around

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total
1.	OLIVEIRA	Isabel	SAD				U (1)	2.80	1.40	4.20	2.1	2.2	2.7	2.6	7.600	3.5	3.1	2.6	3.3	6.800				0	18.600
							● (3)	2.80	1.40	4.20	3.2	3.0	3.2	3.4	6.800	3.8	3.2	3.7	3.7	6.300				0	17.300
2.	BILLERY	Louna	SCP				U (3)	2.60	2.10	4.70	2.4	2.6	2.3	2.8	7.500	4.1	4.3	3.0	4.3	5.800				0	18.000
							● (2)	2.60	1.80	4.40	3.2	2.8	2.8	2.8	7.200	4.3	2.9	3.6	4.1	6.150				0	17.750
3.	OLIVEIRA	Caetana	GCP				U (2)	2.10	1.90	4.00	2.3	2.3	2.5	3.2	7.600	3.7	3.5	3.4	4.6	6.400				0	18.000
							● (4)	2.40	1.30	3.70	3.4	3.4	3.9	4.5	6.350	4.7	3.9	3.8	5.7	5.700				0	15.750
4.	SERINA	Sofia	GMNFR				U (6)	1.40	1.40	2.80	3.7	3.0	4.2	3.5	6.400	4.5	4.3	4.4	6.0	5.550				0	14.750
							● (1)	3.20	1.30	4.50	3.0	2.7	3.0	2.8	7.100	3.7	3.0	3.0	3.8	6.650				0	18.250
5.	RESTOLHO	Marta	SAD				U (4)	2.20	1.80	4.00	2.4	3.0	2.0	3.0	7.300	3.8	3.8	3.0	4.5	6.200				0	17.500
							● (7)	2.30	0.60	2.90	3.7	2.4	2.9	3.4	6.850	5.1	5.6	4.7	6.2	4.650				0	14.400
6.	COSTA	Teresa	CAE				U (9)	1.50	0.20	1.70	3.4	4.2	3.8	3.2	6.400	3.9	3.6	4.0	4.9	6.050				0	14.150
							● (5)	2.00	0.40	2.40	3.4	3.2	3.2	3.9	6.700	3.9	5.2	3.3	3.9	6.100				0	15.200
7.	JOLIVETT	Valeria	GCP				U (5)	1.60	1.80	3.40	4.5	4.2	3.5	4.3	5.750	3.9	3.2	3.8	4.9	6.150				0	15.300
							● (9)	0.60	1.80	2.40	3.5	2.9	4.2	5.1	6.150	4.9	4.2	4.5	5.7	5.300				0	13.850
8.	NUNES	Milena	GMNFR				U (8)	1.30	1.20	2.50	3.3	4.1	4.5	3.6	6.150	4.0	4.3	3.2	5.2	5.850				0	14.500
							● (8)	1.20	1.20	2.40	3.9	3.1	3.4	4.3	6.350	4.4	4.0	4.4	5.1	5.600				0	14.350
9.	MARQUES	Sofia	GMNFR				U (10)	1.10	1.10	2.20	5.2	3.9	4.0	4.1	5.950	4.5	4.7	4.1	4.9	5.400				0	13.550
							● (6)	1.20	1.10	2.30	3.3	3.2	3.0	3.2	6.800	3.8	4.1	3.6	4.3	6.050				0	15.150
10.	GONÇALVES	Madalena	GMNFR				U (7)	1.10	1.10	2.20	2.8	3.4	3.5	3.2	6.700	4.1	4.7	4.3	4.0	5.800				0	14.700
							● (15)	1.20	1.00	2.20	4.5	3.6	3.7	4.9	5.900	5.8	6.7	5.4	7.8	3.750	0.6			0.60	11.250
11.	MIKHALEVA	Uliana	GCP				U (11)	0.90	1.20	2.10	5.2	4.5	4.8	5.3	5.000	3.9	4.3	4.2	5.8	5.750				0	12.850
							● (12)	0.80	0.50	1.30	4.0	3.9	3.5	4.5	6.050	4.0	4.8	4.0	4.7	5.650				0	13.000
12.	SANTOS	Matilde	CDAEAO				U (12)	0.60	0.10	0.70	4.7	3.2	3.4	4.1	6.250	4.7	5.0	4.2	4.2	5.550				0	12.500
							● (11)	0.30	0.90	1.20	3.1	2.8	4.3	3.4	6.750	4.5	4.9	4.9	5.7	5.100				0	13.050
13.	SANTOS	Carolina	CDAEAO				U (13)	1.00	0.60	1.60	4.6	4.0	5.2	4.5	5.450	5.1	5.0	5.7	5.3	4.800				0	11.850
							● (10)	0.80	1.10	1.90	3.1	3.2	4.0	4.0	6.400	4.9	5.0	4.3	4.6	5.250				0	13.550
14.	FERNANDES	Matilde	CDAEAO				U (14)	0.40	0.60	1.00	6.0	4.7	5.1	4.9	5.000	5.8	6.0	6.1	6.9	3.950				0	9.950
							● (13)	0.50	0.10	0.60	3.5	3.1	3.5	5.2	6.500	4.9	4.9	4.6	5.0	5.100				0	12.200
15.	PEREIRA	Kiara	CDAEAO				U (15)	0.20	0.10	0.30	6.0	5.2	4.3	5.5	4.650	5.4	6.5	4.9	7.9	4.050				0	9.000
							● (14)	0.50	0.10	0.60	3.8	2.9	4.1	4.1	6.050	4.3	5.0	4.6	5.9	5.200				0	11.850
16.	PIRES	Rita	SCP				U (16)	0		0				0					0				0	–	
							● (16)	0		0				0				0		0			0	–	

- Ginastas apuradas para o Campeonato Nacional de 2ª Divisão



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Individual exercises – CT 2div - Juvenis – All-Around

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P
1.	OLIVEIRA	Isabel	SAD				2.80	1.40	4.20	2.1	2.2	2.7	2.6	7.600	3.5	3.1	2.6	3.3	6.800				0	18.600
2.	OLIVEIRA	Caetana	GCP				2.10	1.90	4.00	2.3	2.3	2.5	3.2	7.600	3.7	3.5	3.4	4.6	6.400				0	18.000
3.	BILLERY	Louna	SCP				2.60	2.10	4.70	2.4	2.6	2.3	2.8	7.500	4.1	4.3	3.0	4.3	5.800				0	18.000
4.	RESTOLHO	Marta	SAD				2.20	1.80	4.00	2.4	3.0	2.0	3.0	7.300	3.8	3.8	3.0	4.5	6.200				0	17.500
5.	JOLIVETT	Valeria	GCP				1.60	1.80	3.40	4.5	4.2	3.5	4.3	5.750	3.9	3.2	3.8	4.9	6.150				0	15.300
6.	SERINA	Sofia	GMNFR				1.40	1.40	2.80	3.7	3.0	4.2	3.5	6.400	4.5	4.3	4.4	6.0	5.550				0	14.750
7.	GONÇALVES	Madalena	GMNFR				1.10	1.10	2.20	2.8	3.4	3.5	3.2	6.700	4.1	4.7	4.3	4.0	5.800				0	14.700
8.	NUNES	Milena	GMNFR				1.30	1.20	2.50	3.3	4.1	4.5	3.6	6.150	4.0	4.3	3.2	5.2	5.850				0	14.500
9.	COSTA	Teresa	CAE				1.50	0.20	1.70	3.4	4.2	3.8	3.2	6.400	3.9	3.6	4.0	4.9	6.050				0	14.150
10.	MARQUES	Sofia	GMNFR				1.10	1.10	2.20	5.2	3.9	4.0	4.1	5.950	4.5	4.7	4.1	4.9	5.400				0	13.550
11.	MIKHALEVA	Uliana	GCP				0.90	1.20	2.10	5.2	4.5	4.8	5.3	5.000	3.9	4.3	4.2	5.8	5.750				0	12.850
12.	SANTOS	Matilde	CDAEAO				0.60	0.10	0.70	4.7	3.2	3.4	4.1	6.250	4.7	5.0	4.2	4.2	5.550				0	12.500
13.	SANTOS	Carolina	CDAEAO				1.00	0.60	1.60	4.6	4.0	5.2	4.5	5.450	5.1	5.0	5.7	5.3	4.800				0	11.850
14.	FERNANDES	Matilde	CDAEAO				0.40	0.60	1.00	6.0	4.7	5.1	4.9	5.000	5.8	6.0	6.1	6.9	3.950				0	9.950
15.	PEREIRA	Kiara	CDAEAO				0.20	0.10	0.30	6.0	5.2	4.3	5.5	4.650	5.4	6.5	4.9	7.9	4.050				0	9.000
16.	PIRES	Rita	SCP				0	0					0					0				0	–	



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
 Individual exercises – CT 2div - Juvenis – All-Around

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P
1.	SERINA	Sofia	GMNFR				● 3.20	1.30	4.50	3.0	2.7	3.0	2.8	7.100	3.7	3.0	3.0	3.8	6.650				0	18.250
2.	BILLERY	Louna	SCP				● 2.60	1.80	4.40	3.2	2.8	2.8	2.8	7.200	4.3	2.9	3.6	4.1	6.150				0	17.750
3.	OLIVEIRA	Isabel	SAD				● 2.80	1.40	4.20	3.2	3.0	3.2	3.4	6.800	3.8	3.2	3.7	3.7	6.300				0	17.300
4.	OLVEIRA	Caetana	GCP				● 2.40	1.30	3.70	3.4	3.4	3.9	4.5	6.350	4.7	3.9	3.8	5.7	5.700				0	15.750
5.	COSTA	Teresa	CAE				● 2.00	0.40	2.40	3.4	3.2	3.2	3.9	6.700	3.9	5.2	3.3	3.9	6.100				0	15.200
6.	MARQUES	Sofia	GMNFR				● 1.20	1.10	2.30	3.3	3.2	3.0	3.2	6.800	3.8	4.1	3.6	4.3	6.050				0	15.150
7.	RESTOLHO	Marta	SAD				● 2.30	0.60	2.90	3.7	2.4	2.9	3.4	6.850	5.1	5.6	4.7	6.2	4.650				0	14.400
8.	NUNES	Milena	GMNFR				● 1.20	1.20	2.40	3.9	3.1	3.4	4.3	6.350	4.4	4.0	4.4	5.1	5.600				0	14.350
9.	JOLIVETT	Valeria	GCP				● 0.60	1.80	2.40	3.5	2.9	4.2	5.1	6.150	4.9	4.2	4.5	5.7	5.300				0	13.850
10.	SANTOS	Carolina	CDAEAO				● 0.80	1.10	1.90	3.1	3.2	4.0	4.0	6.400	4.9	5.0	4.3	4.6	5.250				0	13.550
11.	SANTOS	Matilde	CDAEAO				● 0.30	0.90	1.20	3.1	2.8	4.3	3.4	6.750	4.5	4.9	4.9	5.7	5.100				0	13.050
12.	MIKHALEVA	Uliana	GCP				● 0.80	0.50	1.30	4.0	3.9	3.5	4.5	6.050	4.0	4.8	4.0	4.7	5.650				0	13.000
13.	FERNANDES	Matilde	CDAEAO				● 0.50	0.10	0.60	3.5	3.1	3.5	5.2	6.500	4.9	4.9	4.6	5.0	5.100				0	12.200
14.	PEREIRA	Kiara	CDAEAO				● 0.50	0.10	0.60	3.8	2.9	4.1	4.1	6.050	4.3	5.0	4.6	5.9	5.200				0	11.850
15.	GONÇALVES	Madalena	GMNFR				● 1.20	1.00	2.20	4.5	3.6	3.7	4.9	5.900	5.8	6.7	5.4	7.8	3.750	0.6			0.60	11.250
16.	PIRES	Rita	SCP				● 0		0					0					0				0	–



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
Individual exercises – CT 2div - Juniores – All-Around ● ¶

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total	
1.	GOMES	Carolina	CCRCCR				● (1)	3.30	2.60	5.90	2.5	2.9	2.7	2.6	7.350	3.6	3.9	2.8	3.0	6.700					0	19.950 39.8
							¶ (1)	3.80	2.00	5.80	3.5	2.6	3.4	2.0	7.000	2.9	3.0	2.5	3.5	7.050					0	19.850
2.	MARTINS	Benedita	CCRCCR				● (2)	3.50	2.00	5.50	2.8	2.9	2.8	2.6	7.200	3.1	2.9	2.6	2.9	7.100					0	19.800 39.5
							¶ (2)	3.80	2.00	5.80	2.9	2.8	2.6	2.1	7.300	3.4	3.1	3.3	3.8	6.650					0	19.750
3.	LAPÃO	Mª Leonor	SAD				● (4)	3.00	2.40	5.40	2.4	2.7	3.1	2.1	7.450	3.8	3.2	2.7	3.2	6.800					0	19.650 39.1
							¶ (3)	4.10	2.00	6.10	2.8	2.9	2.8	2.4	7.200	3.8	3.2	3.8	4.0	6.200					0	19.500
4.	BARROS	Inês	SCP				● (3)	2.70	2.70	5.40	3.6	2.3	2.6	2.4	7.500	4.0	3.0	2.8	3.2	6.900					0	19.800 36.9
							¶ (6)	2.30	2.40	4.70	2.8	3.1	3.0	2.8	7.100	5.5	3.7	4.2	5.2	5.300					0	17.100
5.	TEIXEIRA	Ana Sofia	CCRCCR				● (8)	1.50	1.10	2.60	3.7	3.0	2.4	3.0	7.000	4.5	4.6	4.7	6.8	5.350					0	14.950 33.4
							¶ (4)	3.40	1.80	5.20	3.3	3.0	3.0	2.0	7.000	3.7	3.4	3.8	3.9	6.250					0	18.450
6.	AMÂNDIO	Mariana	SAD				● (7)	2.70	0.80	3.50	3.4	3.2	3.9	4.2	6.350	4.9	5.3	4.2	4.7	5.200					0	15.050 31.9
							¶ (7)	2.90	1.20	4.10	3.3	2.9	3.2	3.0	6.900	5.0	3.5	3.4	4.7	5.900					0	16.900
7.	ROSA	Leonor	SCP				● (5)	1.90	1.50	3.40	2.9	3.0	3.4	3.1	6.950	4.0	4.2	3.2	5.3	5.900					0	16.250 31.3
							¶ (10)	1.40	1.30	2.70	3.4	3.5	3.6	3.4	6.550	4.0	3.6	4.4	6.0	5.800					0	15.050
8.	LEHNE	Zaida	SCP				● (6)	1.40	1.80	3.20	3.7	2.8	2.7	2.9	7.150	4.9	4.2	3.7	4.8	5.500					0	15.850 30.9
							¶ (9)	1.60	1.70	3.30	3.3	3.3	3.2	2.8	6.750	4.9	5.5	4.3	5.0	5.050					0	15.100
9.	RIBEIRO	Madalena	GMNFR				● (10)	1.10	1.30	2.40	4.1	2.9	2.2	3.8	6.650	5.8	5.4	5.0	6.1	4.400					0	13.450 30.7
							¶ (5)	3.00	1.60	4.60	3.1	3.0	3.2	3.3	6.850	4.5	4.5	3.7	3.9	5.800					0	17.250
10.	PEREIRA	Joana	SCP				● (9)	1.10	1.20	2.30	3.7	3.8	4.0	3.8	6.200	4.5	5.7	4.0	5.1	5.200					0	13.700 30.2
							¶ (8)	1.80	2.40	4.20	3.0	2.8	3.5	3.1	6.950	4.7	3.8	4.5	6.4	5.400					0	16.550
11.	SANTOS	Leonor	CAE				● (11)	0.70	1.10	1.80	5.1	4.8	4.2	4.4	5.400	4.1	5.2	4.7	5.5	5.050					0	12.250 24.6
							¶ (11)	1.50	0.40	1.90	4.0	3.5	4.7	3.9	6.050	5.0	6.0	5.1	7.2	4.450					0	12.400

- Ginastas apuradas para o Campeonato Nacional de 2ª Divisão



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Individual exercises – CT 2div - Juniores – All-Around ● ||

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P
1.	GOMES	Carolina	CCRCCR				● 3.30	2.60	5.90	2.5	2.9	2.7	2.6	7.350	3.6	3.9	2.8	3.0	6.700				0	19.950
2.	MARTINS	Benedita	CCRCCR				● 3.50	2.00	5.50	2.8	2.9	2.8	2.6	7.200	3.1	2.9	2.6	2.9	7.100				0	19.800
3.	BARROS	Inês	SCP				● 2.70	2.70	5.40	3.6	2.3	2.6	2.4	7.500	4.0	3.0	2.8	3.2	6.900				0	19.800
4.	LAPÃO	Mª Leonor	SAD				● 3.00	2.40	5.40	2.4	2.7	3.1	2.1	7.450	3.8	3.2	2.7	3.2	6.800				0	19.650
5.	ROSA	Leonor	SCP				● 1.90	1.50	3.40	2.9	3.0	3.4	3.1	6.950	4.0	4.2	3.2	5.3	5.900				0	16.250
6.	LEHNE	Zaida	SCP				● 1.40	1.80	3.20	3.7	2.8	2.7	2.9	7.150	4.9	4.2	3.7	4.8	5.500				0	15.850
7.	AMÂNDIO	Mariana	SAD				● 2.70	0.80	3.50	3.4	3.2	3.9	4.2	6.350	4.9	5.3	4.2	4.7	5.200				0	15.050
8.	TEIXEIRA	Ana Sofia	CCRCCR				● 1.50	1.10	2.60	3.7	3.0	2.4	3.0	7.000	4.5	4.6	4.7	6.8	5.350				0	14.950
9.	PEREIRA	Joana	SCP				● 1.10	1.20	2.30	3.7	3.8	4.0	3.8	6.200	4.5	5.7	4.0	5.1	5.200				0	13.700
10.	RIBEIRO	Madalena	GMNFR				● 1.10	1.30	2.40	4.1	2.9	2.2	3.8	6.650	5.8	5.4	5.0	6.1	4.400				0	13.450
11.	SANTOS	Leonor	CAE				● 0.70	1.10	1.80	5.1	4.8	4.2	4.4	5.400	4.1	5.2	4.7	5.5	5.050				0	12.250



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Individual exercises – CT 2div - Juniores – All-Around ● ||

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	
1.	GOMES	Carolina	CCRCCR					3.80	2.00	5.80	3.5	2.6	3.4	2.0	7.000	2.9	3.0	2.5	3.5	7.050				0	19.850
2.	MARTINS	Benedita	CCRCCR					3.80	2.00	5.80	2.9	2.8	2.6	2.1	7.300	3.4	3.1	3.3	3.8	6.650				0	19.750
3.	LAPÃO	Mª Leonor	SAD					4.10	2.00	6.10	2.8	2.9	2.8	2.4	7.200	3.8	3.2	3.8	4.0	6.200				0	19.500
4.	TEIXEIRA	Ana Sofia	CCRCCR					3.40	1.80	5.20	3.3	3.0	3.0	2.0	7.000	3.7	3.4	3.8	3.9	6.250				0	18.450
5.	RIBEIRO	Madalena	GMNFR					3.00	1.60	4.60	3.1	3.0	3.2	3.3	6.850	4.5	4.5	3.7	3.9	5.800				0	17.250
6.	BARROS	Inês	SCP					2.30	2.40	4.70	2.8	3.1	3.0	2.8	7.100	5.5	3.7	4.2	5.2	5.300				0	17.100
7.	AMÂNDIO	Mariana	SAD					2.90	1.20	4.10	3.3	2.9	3.2	3.0	6.900	5.0	3.5	3.4	4.7	5.900				0	16.900
8.	PEREIRA	Joana	SCP					1.80	2.40	4.20	3.0	2.8	3.5	3.1	6.950	4.7	3.8	4.5	6.4	5.400				0	16.550
9.	LEHNE	Zaida	SCP					1.60	1.70	3.30	3.3	3.3	3.2	2.8	6.750	4.9	5.5	4.3	5.0	5.050				0	15.100
10.	ROSA	Leonor	SCP					1.40	1.30	2.70	3.4	3.5	3.6	3.4	6.550	4.0	3.6	4.4	6.0	5.800				0	15.050
11.	SANTOS	Leonor	CAE					1.50	0.40	1.90	4.0	3.5	4.7	3.9	6.050	5.0	6.0	5.1	7.2	4.450				0	12.400



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
Individual exercises – CT 2div - Seniores – All-Around ○ ○

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P	Total		
1.	JERÓNIMO	Ariana	CCRCCR				○ (1)	4.10	3.20	7.30	2.9	2.7	2.1	3.0	7.200	2.7	3.1	1.9	2.8	7.250					0	21.750	
							○ (2)	3.20	3.10	6.30	3.1	3.5	2.5	3.9	6.700	3.9	3.8	3.8	2.3	6.200							
2.	PIRES	Carolina	SAD				○ (3)	4.20	3.00	7.20	3.3	3.5	3.1	2.9	6.800	3.2	3.6	3.9	3.9	6.250						0	20.250
							○ (1)	3.80	2.50	6.30	3.2	3.3	2.8	2.9	6.950	3.1	3.2	2.8	3.6	6.850							
3.	CRUZ	Inês	CCRCCR				○ (2)	3.50	2.80	6.30	3.3	3.3	3.0	4.3	6.700	2.4	3.2	2.3	2.9	7.350						0	20.350
							○ (3)	2.80	2.80	5.60	3.7	3.4	2.9	4.3	6.450	4.3	3.5	5.0	3.5	6.100							
4.	DUARTE	Madalena	CAE				○ (6)	2.70	2.40	5.10	3.0	3.0	3.1	2.9	7.000	2.9	5.1	3.5	4.2	6.150						0	18.250
							○ (4)	3.20	2.10	5.30	3.4	3.2	2.8	3.9	6.700	4.1	4.3	5.2	3.6	5.800							
5.	MOITA	Leonor	SAD				○ (5)	3.00	2.70	5.70	3.1	3.2	3.0	3.0	6.950	3.9	5.0	3.9	4.0	6.050						0	18.700
							○ (5)	2.70	2.60	5.30	3.6	3.7	3.0	4.0	6.350	4.0	5.0	5.2	4.3	5.350							
6.	PEGADO	Leonor	CDAEAO				○ (7)	1.20	1.80	3.00	3.2	3.0	3.3	3.2	6.800	2.9	4.2	3.1	2.1	7.000						0	16.800
							○ (6)	1.60	2.40	4.00	3.6	3.1	2.7	3.0	6.950	4.1	4.1	4.5	2.8	5.900							
7.	MARTINS	Margarida	CCRCCR				○ (4)	2.50	2.30	4.80	3.0	3.3	3.1	3.7	6.800	2.6	3.8	2.8	2.5	7.300						0	18.900
							○ (9)	1.60	1.40	3.00	3.5	3.3	2.6	4.3	6.600	5.4	5.5	4.8	4.0	4.900							
8.	CARMO	Joana	CCRCCR				○ (8)	2.30	2.00	4.30	3.2	3.5	3.8	4.1	6.350	3.9	4.9	3.3	4.3	5.900						0	16.550
							○ (7)	2.50	1.60	4.10	3.8	3.5	2.8	4.1	6.350	4.4	4.4	4.6	3.8	5.600							
9.	RIBEIRO	Mafalda	CDAEAO				○ (9)	1.70	0.80	2.50	3.3	3.5	3.4	2.8	6.650	3.4	4.9	4.0	2.5	6.300						0	15.450
							○ (8)	1.70	2.20	3.90	3.7	3.4	2.8	3.7	6.450	4.9	4.7	4.6	3.2	5.350							
10.	VILÃO	Laura	CDAEAO				○ (12)	1.90	1.00	2.90	4.1	3.6	4.0	4.1	5.950	4.8	5.7	4.9	4.9	5.100						0	13.950
							○ (10)	1.50	1.20	2.70	4.1	3.4	3.2	4.2	6.250	5.8	4.8	4.5	4.8	5.200							
11.	GONÇALVES	Gabriela	CDAEAO				○ (10)	1.20	1.80	3.00	4.0	3.2	3.7	3.9	6.200	3.9	5.3	4.0	3.9	6.050						0	15.250
							○ (12)	0.90	1.00	1.90	4.2	4.1	3.4	4.3	5.850	6.4	6.5	4.7	4.0	4.450							
12.	LEONG	Bianca	CDAEAO				○ (11)	1.30	1.10	2.40	4.0	3.1	4.2	3.5	6.250	4.3	4.7	4.0	4.2	5.750						0	14.400
							○ (13)	0.10	0.60	0.70	4.3	3.3	3.1	4.3	6.200	5.7	5.3	5.5	5.4	4.550							
13.	PRAZERES	Jéssica	CDAEAO				○ (13)	1.00	0.50	1.50	4.2	3.6	3.8	3.8	6.200	3.6	5.1	4.5	4.1	5.700						0	13.400
							○ (11)	0.60	0.60	1.20	3.9	3.5	3.1	4.3	6.300	5.5	5.1	5.1	4.8	4.900							
14.	GOMES	Rita	CAE				○ (16)	0.10	0.60	0.70	4.0	3.6	4.1	4.6	5.950	5.1	6.2	4.9	6.0	4.450						0	11.100
							○ (14)	0.30	0.50	0.80	3.9	4.3	3.3	4.9	5.900	6.2	6.5	5.0	5.7	4.050							
15.	SOUSA	Joana	CDAEAO				○ (14)	1.20	0.30	1.50	4.2	4.1	4.9	3.8	5.850	5.2	5.0	5.8	4.7	4.900	0.3					0.30	11.950
							○ (16)	0.30	0.40	0.70	4.7	4.6	3.0	5.0	5.350	5.4	6.4	5.2	6.8	4.100	0.3						
16.	CHELO	Inês	CDAEAO				○ (15)	1.50	0.20	1.70	3.9	3.9	4.3	4.6	5.900	6.3	6.7	5.9	5.6	3.900						0	11.500
							○ (15)	0.60	0.30	0.90	4.4	4.0	3.1	4.1	5.950	6.6	6.9	6.8	7.3	3.150							

- Ginastas apuradas para o Campeonato Nacional de 2ª Divisão



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa
 Individual exercises – CT 2div - Seniores – All-Around 

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P
1.	JERÓNIMO	Ariana	 CCRCCR				○ 4.10	3.20	7.30	2.9	2.7	2.1	3.0	7.200	2.7	3.1	1.9	2.8	7.250				0	21.750
2.	CRUZ	Inês	 CCRCCR				○ 3.50	2.80	6.30	3.3	3.3	3.0	4.3	6.700	2.4	3.2	2.3	2.9	7.350				0	20.350
3.	PIRES	Carolina	 SAD				○ 4.20	3.00	7.20	3.3	3.5	3.1	2.9	6.800	3.2	3.6	3.9	3.9	6.250				0	20.250
4.	MARTINS	Margarida	 CCRCCR				○ 2.50	2.30	4.80	3.0	3.3	3.1	3.7	6.800	2.6	3.8	2.8	2.5	7.300				0	18.900
5.	MOITA	Leonor	 SAD				○ 3.00	2.70	5.70	3.1	3.2	3.0	3.0	6.950	3.9	5.0	3.9	4.0	6.050				0	18.700
6.	DUARTE	Madalena	 CAE				○ 2.70	2.40	5.10	3.0	3.0	3.1	2.9	7.000	2.9	5.1	3.5	4.2	6.150				0	18.250
7.	PEGADO	Leonor	 CDAEAO				○ 1.20	1.80	3.00	3.2	3.0	3.3	3.2	6.800	2.9	4.2	3.1	2.1	7.000				0	16.800
8.	CARMO	Joana	 CCRCCR				○ 2.30	2.00	4.30	3.2	3.5	3.8	4.1	6.350	3.9	4.9	3.3	4.3	5.900				0	16.550
9.	RIBEIRO	Mafalda	 CDAEAO				○ 1.70	0.80	2.50	3.3	3.5	3.4	2.8	6.650	3.4	4.9	4.0	2.5	6.300				0	15.450
10.	GONÇALVES	Gabriela	 CDAEAO				○ 1.20	1.80	3.00	4.0	3.2	3.7	3.9	6.200	3.9	5.3	4.0	3.9	6.050				0	15.250
11.	LEONG	Bianca	 CDAEAO				○ 1.30	1.10	2.40	4.0	3.1	4.2	3.5	6.250	4.3	4.7	4.0	4.2	5.750				0	14.400
12.	VILÃO	Laura	 CDAEAO				○ 1.90	1.00	2.90	4.1	3.6	4.0	4.1	5.950	4.8	5.7	4.9	4.9	5.100				0	13.950
13.	PRAZERES	Jéssica	 CDAEAO				○ 1.00	0.50	1.50	4.2	3.6	3.8	3.8	6.200	3.6	5.1	4.5	4.1	5.700				0	13.400
14.	SOUSA	Joana	 CDAEAO				○ 1.20	0.30	1.50	4.2	4.1	4.9	3.8	5.850	5.2	5.0	5.8	4.7	4.900	0.3			0.30	11.950
15.	CHELO	Inês	 CDAEAO				○ 1.50	0.20	1.70	3.9	3.9	4.3	4.6	5.900	6.3	6.7	5.9	5.6	3.900				0	11.500
16.	GOMES	Rita	 CAE				○ 0.10	0.60	0.70	4.0	3.6	4.1	4.6	5.950	5.1	6.2	4.9	6.0	4.450				0	11.100



II Encontro Distrital GR 2026 - Complexo Desportivo Municipal do Casal Vistoso, Lisboa

Individual exercises – CT 2div - Seniores – All-Around  

Place	Surname	Name	Repr.	Year	Level	Coach	DB	DA	D	A1	A2	A3	A4	A	E1	E2	E3	E4	E	pD1	L1	L2	T	P
1.	PIRES	Carolina	 SAD				 3.80	2.50	6.30	3.2	3.3	2.8	2.9	6.950	3.1	3.2	2.8	3.6	6.850				0	20.100
2.	JERÓNIMO	Ariana	 CCRCCR				 3.20	3.10	6.30	3.1	3.5	2.5	3.9	6.700	3.9	3.8	3.8	2.3	6.200				0	19.200
3.	CRUZ	Inês	 CCRCCR				 2.80	2.80	5.60	3.7	3.4	2.9	4.3	6.450	4.3	3.5	5.0	3.5	6.100				0	18.150
4.	DUARTE	Madalena	 CAE				 3.20	2.10	5.30	3.4	3.2	2.8	3.9	6.700	4.1	4.3	5.2	3.6	5.800				0	17.800
5.	MOITA	Leonor	 SAD				 2.70	2.60	5.30	3.6	3.7	3.0	4.0	6.350	4.0	5.0	5.2	4.3	5.350				0	17.000
6.	PEGADO	Leonor	 CDAEAO				 1.60	2.40	4.00	3.6	3.1	2.7	3.0	6.950	4.1	4.1	4.5	2.8	5.900				0	16.850
7.	CARMO	Joana	 CCRCCR				 2.50	1.60	4.10	3.8	3.5	2.8	4.1	6.350	4.4	4.4	4.6	3.8	5.600				0	16.050
8.	RIBEIRO	Mafalda	 CDAEAO				 1.70	2.20	3.90	3.7	3.4	2.8	3.7	6.450	4.9	4.7	4.6	3.2	5.350				0	15.700
9.	MARTINS	Margarida	 CCRCCR				 1.60	1.40	3.00	3.5	3.3	2.6	4.3	6.600	5.4	5.5	4.8	4.0	4.900				0	14.500
10.	VILÃO	Laura	 CDAEAO				 1.50	1.20	2.70	4.1	3.4	3.2	4.2	6.250	5.8	4.8	4.5	4.8	5.200				0	14.150
11.	PRAZERES	Jéssica	 CDAEAO				 0.60	0.60	1.20	3.9	3.5	3.1	4.3	6.300	5.5	5.1	5.1	4.8	4.900				0	12.400
12.	GONÇALVES	Gabriela	 CDAEAO				 0.90	1.00	1.90	4.2	4.1	3.4	4.3	5.850	6.4	6.5	4.7	4.0	4.450				0	12.200
13.	LEONG	Bianca	 CDAEAO				 0.10	0.60	0.70	4.3	3.3	3.1	4.3	6.200	5.7	5.3	5.5	5.4	4.550				0	11.450
14.	GOMES	Rita	 CAE				 0.30	0.50	0.80	3.9	4.3	3.3	4.9	5.900	6.2	6.5	5.0	5.7	4.050				0	10.750
15.	CHELO	Inês	 CDAEAO				 0.60	0.30	0.90	4.4	4.0	3.1	4.1	5.950	6.6	6.9	6.8	7.3	3.150				0	10.000
16.	SOUSA	Joana	 CDAEAO				 0.30	0.40	0.70	4.7	4.6	3.0	5.0	5.350	5.4	6.4	5.2	6.8	4.100	0.3			0.30	9.850